

**2nd Multidisciplinary International Musculoskeletal Pain Congress cum
11th Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management
12 – 14 April 2024 • Hong Kong**



Carina Li

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- Founder and Chairman, Hong Kong Society of Musculoskeletal Pain
www.mskuspm.org
- Past President and Council member, Hong Kong Pain Society 2015-2019 (IASP chapter)
- Founding and Elected President, Multidisciplinary International Association of Musculoskeletal Pain (MIA) www.miamsk.org
- IRA charity Part Time Consultant, Pain Medicine Clinic, NTWC, Hospital Authority 2015
- Director, Hong Kong Pain Medicine Centre www.hkpainmed.com
- Clinical Assistant Professor (Honorary), Department of Anaesthesia and Intensive Care, The Chinese of University of Hong Kong,
- 2007 Lecturer, Dept of O&T, Master in Sports Medicine ,
- Module Head of Musculoskeletal Ultrasound module , CUHK Master course in Sports Medicine and Health Science & Master course in Musculoskeletal Medicine, Rehabilitation and Geriatric Orthopaedics(MSc MRGO) ,Dept of Orthopaedics and Traumatology , Chinese University of Hong Kong
- Hon . Consultant (Pain Med) , Haven of Hope Sister Annie Skau Holistic Care Centre (SASHCC)
- Council Member , Hong Kong Pain Foundation Past Hon. Secretary and Council Member of Association of Private Medical Specialists of Hong Kong
- Board of Pain Medicine , Hong Kong College of Anaesthesiologists Faculty,
- Officer in charge, Superintendent , Training session , Admin department II , Hong Kong Island , St John Ambulance Hong Kong

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- Medical Officer grade SVI & Committee member for Medical Advisory Board for Major Events (MABOME), Auxiliary Medical Service, The Government of Hong Kong , Special Administrative Region, China (2003-2012)) during East Asia Games and Olympic HK Equestrian Games.
- Founder and Convenor of the Multidisciplinary Musculoskeletal Ultrasound Congress in Pain Management (MSK US PM) www.ms kuspm.org since 2009
- CME Committee, Organizing committee and Faculty , International Symposium on Spine and Paravertebral Sonography for Anaesthesia and Pain Medicine(ISSPS) 2008
- Faculty members, Ultrasound guided regional block workshop , Department of Anaesthesiology, Chinese University of Hong Kong since 2006
- Organizing Committee of the International Symposium on Spine and Paravertebral Sonography (ISSPS) 2007

Dr. Li has been teaching over 160 Lectures and Workshops in the field of POC Ultrasound Applications in Regional Anaesthesia and Pain Therapy for different disciplines in the past 15 years. Dr. Li also actively promote Total person Holistic Multimodal Pain Management such as Hypnosis, Acupuncture, Mindfulness, Exercise, Flow & Cognitive Behavioral Therapy. She has numerous publication in book chapters and publication in area of pain and analgesics, psychiatric morbidity in chronic pain patients and multimodal analgesics.

Dr. Li has served as Medical Expert and Joint Medical Expert on the field of Pain Medicine and Pain Management for different parties, including on behalf of Hospital Authority with overseas expert and approval by the legal aid department. Besides, Dr. LI has extensive volunteer experience in numerous organisations as medical advisors and medical support in outdoor first aid support , sports events and field anaesthesia , including Medecins Sans Frontieres (MSF), AMS Mobilisation Officer during Asia games and Equestrian Olympics, ICRC , St John's Ambulance Service, WHO China Rehabilitation projects, Raleigh international HK.